



# FIVE STEPS TO BECOME A USTA MID-ATLANTIC ADULT LEAGUE PLAYER

1.



## **Create a USTA Account**

Visit [usta.com](https://www.usta.com) to create an account or to login to your existing account

2.



## **Get a NTRP Rating**

Using the "USTA Sites" drop down in the top left of the website, select "Tennislink" to complete self-rate process. Email questions to [leagues@mas.usta.com](mailto:leagues@mas.usta.com)

3.



## **Find a League**

Select a league that best fits your interest, level, and location.

4.



## **Find a Team**

Select "Seeking a Team." Fill out text box & click "Submit". You can also email [tennisconnect@mas.usta.com](mailto:tennisconnect@mas.usta.com) for help finding a team.

5.



## **Register on a Team**

Click on "Register For a Team" on [tennislink.usta.com](https://www.tennislink.usta.com)

**For more information on adult leagues, please visit  
[usta.com/midatlanticadultleagues](https://www.usta.com/midatlanticadultleagues)**